

# Morning Starters: Spring 1 - Heart & Blood

## Word Challenge

**Compile a list of words that describe the various shades of red.**

**Example:** blood, imperial, chilli, ...

## Grammar Challenge

Click text to edit 

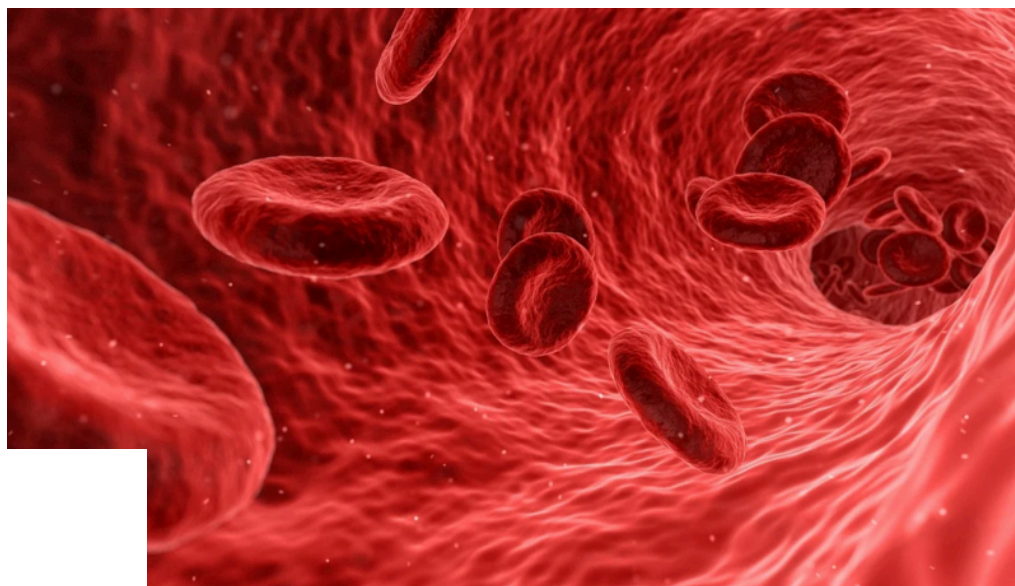
**Copy and complete the list sentence below with three verbs.**

The blood cells raced through the arteries:

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.

## Did You Know?

Blood is made up of red blood cells, which carry oxygen; white blood cells, which fight infection; platelets, which help with clotting; and plasma, the liquid component that transports nutrients, hormones and waste products.



Credit: CBBC - Operation Ouch

## Number Challenge

- A healthy adult has approximately 20 – 30 trillion red blood cells.

**What do you think the number 20 trillion looks like in digits?**

## Critical Thinking

**What would you say to someone who was afraid of blood?**

Monday

Tuesday

Wednesday

Thursday

Friday