Morning Starters: Spring 1 - Heart & Blood

Word Challenge

Make a list of words that contain the word 'heart'.

Example: disheartening, hearty, ...

Grammar Challenge

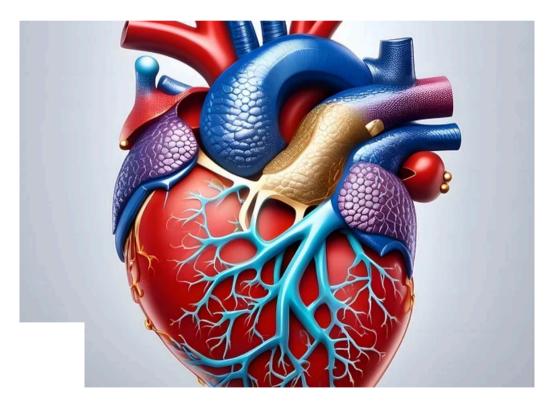
Click text to edit Copy and complete the sentence below with a metaphor.

The heart is ...

Example: The heart is a drum, rhythmically beating the song of life through our veins.

Did You Know?

The main function of the heart is to pump blood throughout the body, delivering oxygen and nutrients to tissues and organs while removing waste products like carbon dioxide. This process is essential for maintaining life and ensuring the proper functioning of all bodily systems.



Number Challenge

 An adult heart will beat on average 38.5 million times a year.

How would you express 38.5 million as an integer (whole number)?

Critical Thinking

If your heart could speak, what do you think it would say?

Credit: BBC Two - Science Clips

Tuesday Thursday Friday



Monday